

DOCTOR DISCUSSION GUIDE

Bring this to your next doctor appointment to help you have a productive conversation.

HEAD SYMPTOMS

- Prognathism (enlarged lower jaw)
- Headaches
- Abnormal bone growth in the face
- Sleep apnea (severe snoring)
- Impaired vision
- Deeper, husky voice due to enlarged vocal chords and sinuses

JOINT PROBLEMS

- Aching Joints
- Limited Joint Ability

INCREASED CHEST SIZE

- Increased chest size (barrel chest)

EXCESSIVE SWEATING

- Excessive sweating
- Body odor

EFFECTS ON SKIN

- Coarse, oily, thickened skin
- Numerous skin tags (small outgrowths of skin tissue)

ENLARGED HANDS

- Enlarged hands

ENLARGED FEET

- Enlarged feet

FATIGUE

- Fatigue
- Muscle weakness

OTHER

- Other (Please talk to your doctor)
